



<http://www.exchile.com/KayakSchoolNewKayakerWeek.html>

ExChile Greatest Playground on Earth!

2011-2012-2013 season

Last Update: 7/13/11

Trip Name: New Kayaker Week

Last Name:

First Name:

Email:

Phone:

in group:

Comments:

Overview:

Although the Futaleufu is world famous for its technical big water, there are many tributaries, sections and features in the Futaleufu river valley which are ideal for paddling school classes and beginner kayak lessons. There are also several other rivers with-in two hours. There is an indoor pool one hour away just across the border in Argentina and hot springs 3 hours away near the volcano Chaiten. For beginning whitewater kayakers and sea kayakers, our kayak school offers three types of paddling courses that vary in intensity. Our New Kayaker Week focuses exclusively on kayaking, with a single optional day for a multisport activity of your choice. Our Learn to Kayak Multisport Week combines kayak lessons with a greater emphasis on multisport activities. Lastly, for those who want to intensify their time on learning how to roll a kayak, or improve their kayak roll, we offer kayak rolling clinics from our paddling school...

This kayak school class is designed for the first time paddler. Our kayak instruction program will introduce to you the basic kayaking strokes, boat control, wet exits, and the Eskimo roll, before we take you on moving water. The kayak lessons presented in this course will give you a solid foundation that will allow you to rapidly make progress in the sport of whitewater kayaking. Over the course of a week you will learn the basics of kayak eddy turns, peel-outs, ferries, and the fundamentals of edge control. During the middle of the week we usually take a rest day from kayak lessons that will allow you the opportunity to take advantage of the numerous other optional multisport activities in this spectacular Patagonia wilderness. The last two days of our kayak school are devoted to day-long kayak river trips, where we will put all of the paddling instruction fundamentals together...

This course is meant for beginner kayaking students, or experienced kayakers that wish to strengthen their technique. Paddling Instruction is from our Campo or our Cabins on the Rio Azul.

[**Overview Slide Shows and Video Gallery**](#)

Day by Day:

Day 1 Friday: Depart your home town:

Fly to Miami and connect on an over night flight to Buenos Aires Argentina. Welcome to the warmth of the southern Hemisphere in summer.

Day 2 Saturday: Travel to Trevelin, Patagonia Argentina

Early morning arrival in Buenos Aires. Change airports and catch another flight to Bariloche, or Esquel Argentina. From Bariloche, a luxury bus will take you on a beautiful drive along the Patagonian lakes and mountains to Esquel. IF you fly direct to Esquel you can arrive in Trevelin with some time to enjoy the area. Trevelin, Argentina is a charming mountain village gateway just 45 minutes from Futaleufu River in Chile. Trevelin is serviced by ground transport (Bus or private taxi) from the Jet ports in Bariloche (4 hrs) or Esquel (40 min). Check into a hotel in this charming village and walk to one of several superb restaurants. Unwind, relax, and get a good nights sleep before the start of your trip 9:00 am the next morning.

Day 3 Sunday: Trip Pick up, Into Chile, Secret Lagoon, Taste of the Espolon

After breakfast you are picked up for the 45 minute drive to the border with Chile. Here you will become familiar with your kayak, equipment, and safety procedures. We put in at the blue secret lagoon on the edge of the Pristine Rio Espolon. We introduce you to the kayak strokes, the roll and all the fundamentals. After lunch we actually get our first taste of moving water on the easiest part of the Espolon River. After this first day on the river we drive 20 minutes to our Eco Camp Tres Monjas, your luggage will be waiting, settle in and enjoy a healthy family style meal before heading to bed.

Day 4 Monday: Secret Lagoon and Upper Rio Espolon

We're headed back to the secret blue lagoon on the edge of the pristine Rio Espolon. We'll spend more time practicing our rolls in the comforts of the lagoon and once our confidence is built up, head off into the Class II moving water. We will practice the ferrying technique, crossing the Espolon several times, as well as strengthen our ability to identify river features such as tongues, waves, holes, and eddies. As the finale of the day we meet your first real rapid, Three Rocks class 2+. The take out is just after this rapid. Afterwards, we arrive at our Eco Camp Tres Monjas where we settle in and enjoy a hearty meal before heading to bed.

Day 5 Tuesday: Roll practice/ Espolon standing wave/ Optional rafting on the Futaleufu.

Today we're headed back to the secret blue lagoon. We'll spend more time practicing our rolls in the comforts of the lagoon and once our confidence is built up, head off into the Class II moving water, We will review the ferrying techniques and reinforcing the proper form and giving individual instruction to overcome any weakness's. We will continue on past Three Rocks and on to Rois's wall to just above the Surfing rapid. Afterwards, we arrive at our Eco Camp Tres Monjas where we join more advanced kayakers for happy hour and enjoy a healthy family style dinner. Option: Whitewater rafting day with roll practice in the afternoon when you return to Campo Tres Monjas.

Day 6 Wednesday: Lower Rio Espolon focus on Ferries/eddies/turns

We return to the Espolon and we will repeat the previous section and continue on into the lower Espolon with its surfing waves. We will solidfy our Ferries, eddy turns and start on our jet ferry techniques. The more adventurous and quick learners have the option to try out thier kayak rolling skills in whitewater. We return to Campo Tres Monjas for a sauna and after kayaking happy hour.

Day 7 Thursday: Lower Espolon and Surfing waves

We put in above Three Rocks rapid and will spend more time on the perfect standing waves of surfing rapid. This is a beautiful class room, pristine water, ideal eddies, glassy waves, and gorgeous mountains sourrounding us. There is even a great rock bank to get out and eat lunch and sun on. If you were to design a teaching spot you could not come up with anything better. After lunch we descend into our most challenging rapids yet on the Class 3 lower. Tonight when we return to Campo Tres Monjas we are pulling out all the stops with a huge asado or open pit grill. We'll enjoy a fantastic night at the camp with Patagonian lamb and outstanding company on the beach under the stars.

Day 8 Friday: Complete River run and return to Trevelin, Argentina

Today is our graduation day for our New Kayaker paddler we will paddle the entire Espolon river from top to bottom allowing for students to practice their skills in more radical environments, but having a professional safety net serving as a back-up. Each student will be monitored and advised on better techniques to emphasize in the future. After today, you will have the skills necessary to kayak Class II/III whitewater, as well as have the experience of having been on the Futaleufu. Not many can say that. Our vehicles will be waiting at the end of today's run. Our luggage will join us as we make our way toward the border on our way to Trevelin. Check into your hotel, take a shower and change clothes before enjoying your last night in Patagonia. There are several outstanding and reasonably priced restaurants in Trevelin that we can recommend. Relax, recover and look back on the exciting week of kayaking before heading back the following morning.

Day 9 Saturday: Return to Capital City

Depending on your connections you are now are in Argentina ready for an early departure in a cab from your hotel to the bus station in Esquel for the trip to Bariloche and your flight back to Buenos Aires. A private transfer can be arranged direct from your hotel to the airport in Bariloche. If you have a flight from Esquel you have the morning to enjoy and buy gifts in Trevelin before your 2 pm flight to Buenos Aires and the connection back to your home country.

Day 10 Sunday: Return home**Optional Second Week****Day 9 Saturday: Day off****Day 10 Sunday: Rio Espolon**

We head off to the Rio Espolon. We know which techniques need to be built on and, if accomplished, much can be achieved this second week.

Day 11 Monday: Rio Azul intro to Big Water

Today we put in on the mini gorge of the lower Rio Azul. This run is technical class II/III paddling and there will be spots to practice ferries. When we get to the confluence with the Futaleufu, there is a pool at a small beach perfect for practicing rolls in an incredible setting. Once you have confidence in your rolls we eat lunch and practice our introduction into Big water moving water Class II on the Futaleufu at the confluence.

Day 12 Tuesday: Espolon Surf Waves/Combat Roll

We return to the Rio Espolon with the distinct goal of playing, and mastering the surf wave rapid. We want you to practice your rolls in the standing waves. After passing this test you will be ready to paddle the easiest section of the Futaleufu.

Day 13 Wednesday: The "El Macal" Section

We start below the spectacular Class V "Casa de Piedra" section, which we will stop and see on our way to the put-in. The water here will be big and fast, providing the perfect introduction and classroom for big water paddling. Here we will learn the counterintuitive techniques of big water kayaking, such as learning to delay our eddy turns rather than accelerating them, dealing with large boils and whirlpools, crossing elevated and depressed eddy lines, and how to roll effectively in aerated water. After a 3/4 of the day paddling on big water, we take out drive 15 minutes to the lower Rio Azul section and paddle back into camp.

Day 14 Thursday: Return to "El Macal"

We're in for another day of paddling. "Every Man's (and Woman's) Surf Wave" is the perfect place to let it rip! The rapids on this run are both challenging and forgiving, and the scenery is some of the best on the river. Return to the Rio Azul and paddle back to camp. This is our night for our weekly asado and party.

Day 15 Friday: Graduation day/on to Trevelin, Argentina

The section that the student is most ready for. This could be another easy section of the Futaleufu, Rio Palena, or the Rio Corcovado in Argentina. We transport you after paddling to your hotel in Trevelin, take a shower and change clothes before enjoying your last night in Patagonia. There are several outstanding and reasonably priced restaurants in Trevelin that we can recommend. Relax, recover and look back on the exciting week of kayaking before heading back the following morning.

Day 16 Saturday: Return to Capital City

Depending on your connections you are now are in Argentina ready for an early departure in a cab from you hotel to the bus station in Esquel for the trip to Bariloche and your flight back to Buenos Aires. A private transfer can be arranged direct from your hotel to the airport in Bariloche. If you have a flight from Esquel you have the morning to enjoy and buy gifts in Trevelin before your 2 pm flight to Buenos Aires and the connection back to your home country.

Accommodations:

[Eco Camp Campo Tres Monjas](#)

Price per Person: \$2195.00 USD Week 1

Price per Person: \$1975.00 USD Week 2!!

Special Flexibilities: Exchile will be flexible to make your trip a total success. The actual program for your custom trip may vary according to the desires and skill level of your group, weather, or other factors. Patagonia has constantly changing weather patterns that might affect what day is best for a certain activity. If a certain part of your trip is not possible due to danger risks and weather extremes, our experienced guide staff will work with you to figure out the best possible option to substitute for the weather complications. If you have any concerns, please feel free to ask us more about the situations and what is guaranteed on the trip.

Included: Your described trip, guiding, instruction, activity equipment, local transportation, shuttles, all meals, wine with dinner, accommodations at our eco-camps, cabins, ranches or lodges, from your trip pick up point to your trip drop off point.
See the packing list of your activity, for the specific clothing that is required.

Not Included: En-route transportation, lodging, and food from your home town to the border with Chile and Argentina or other trip pick-up point. Laundry services, massage, additional alcohol are available but not included. You can reserve on our web page a pre-trip and post-trip hotel in Trevelin that includes the shared transfer to and from the border.

You can also ask our travel agent to prepay private ground transports between airport and from the airport to Trevelin, for an additional charge. Expediciones Chile is not financially responsible for your travel complications getting to your trip pick up point and from the drop off point, HOWEVER, we will be relentless allies in offering our services to help solve any issues that you may encounter.

Trip Summary:

Season:

Experience Needed:

Physical Challenge:

Cultural Experience:

Nature Experience:

Comfort Rating:

Max Trip Size:

Min Trip Size:

Regions visited: Remote Patagonia Chile and Argentina

Lakes, rivers and sites: Futaleufu river, Rio Azul, Rio Espolon, Lago Lonconao, Lago Esplon, Secret Lagoon, Campo Tres Monjas, Futaleufu Chile, Trevelin Argentina.

Recommended Travel Route:

We recommend:

Fly in: Buenos Aires - Esquel Argentina.

Fly out of: Esquel - Buenos Argentina

[Your Travel Route details](#)

Lets GO!

[Hold your spot Now!](#)

Thank you,

Trip Designer: Adam Odoski & Chris Spelius

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